



EAST WASHINGTON MIDDLE SCHOOL

November 2017

CHOICE OF: PIZZA, DELI SANDWICH, OR ENTRÉE SALAD / FRESH FRUIT, JUICE, & RAISINS OFFERED DAILY

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Themed Thursday</u>	<u>Friday</u>
Ham/apple	Turkey/orange	Ham/apple	Turkey/Banana/Grapes	Comb/PBJ
		1	2	3
		Chicken Patty/ WG Bun Sweet Potato Fries Catalina Blend Vegetables Garden Salad Applesauce	Pizzeria Time Stuffed Crust Pizza Italian Vegetables Fresh Veggies Garden Salad Strawberries	BBQ Chicken Filet Seasoned Green Beans Fresh Baby Carrots/ dip Garden Salad Mix Fruit
7	8	9	10	11
Mini Corn Dogs Broccoli w/Cheese Sauce Mashed Potatoes Garden Salad Peaches	Chicken Nuggets/Roll Sweet Potato Fries Seasoned Green Beans Garden Salad Sliced Pears	Teriyaki Beef Bites Seasoned Brown Rice Oriental Vegetables, Dragon Juice or Garden Salad Applesauce	<u>It's Chili Time</u> Chili, WG Crackers Roasted Potatoes California Blend Garden Salad Pineapple Tidbits	Fish Sandwich Baked Beans Fresh Baby Carrots/dip Garden Salad Mix Fruit
14	15	16	16	17
Chicken Quesadilla, Salsa Refried Beans Catalina Blend Vegetables Garden Salad Peaches	Chicken & Noodles/ WG Roll Seasoned Green Beans Glazed Sweet Potatoes Garden Salad Blueberries	Beef-a-Roni, Bread Stick Glazed Carrots Buttered Corn Garden Salad Applesauce	<u>Thanksgiving Dinner</u> Turkey/ Gravy, Roll Mashed Potatoes, Broccoli W/ Cheese, Salad Mandarin Orange Salad Pumpkin Mousse	<h3 style="font-size: 2em;">Cook's Choice</h3>
21	22		<h3 style="font-size: 2em;">Have a Happy Thanksgiving</h3>	
28	29	30	12/1	12/2
Pork Chop Pattie/ WG Bun Seasoned Fries Baked Beans Garden Salad Peaches	Chicken Nuggets/Roll Sweet Potatoes Seasoned Green Beans Garden Salad Sliced Pears	Teriyaki Beef Bites Seasoned Brown Rice Oriental Vegetables, Dragon Juice or Garden Salad Applesauce	<u>It's Italian</u> Spaghetti & Meatballs Italian Vegetables Yellow Squash & onions Garden Salad, Bread Stick Fresh Grapes	Mac & Cheese Seasoned Green Beans Fresh Veggies/dip Garden Salad Mix Fruit

USDA is an equal opportunity provider and employer.

Breakfast served daily 7:50-8:10 (no breakfast served when school is on 2 hour delay)

**Free/Reduced Meal applications can be picked up in any School Office or online at www.ewsc.k12.in.us

USDA is an equal opportunity provider and employer.

Breakfast served daily 7:50-8:10 (no breakfast served when school is on 2 hour delay)

**Free/Reduced Meal applications can be picked up in any School Office or online at www.ewsc.k12.in.us