

# December 2017

## East Washington Elementary



Fresh Fruit & Salad with 2 Other Sides Daily  
 Free/Reduced Applications Available in each office or  
 online at [www.ewsc.k12.in.us](http://www.ewsc.k12.in.us)  
 \*This institution is an equal opportunity provider



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods.  
 Go light on the meat and top your pizza with vegetables like tomatoes,  
 onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

Breakfast Daily 7:50-8:10  
 S: \$1.50 A: \$1.80  
 Lunch:  
 S: \$2.50 A: \$3.50



### Tuesday

In the operation of children feeding  
 programs, no child will be discriminated  
 against because of race, color, national  
 origin, age, or disability

### Wednesday



### Thursday

### Friday

Chicken Tenders & Roll **4**  
 BBQ Rib Pattie Sandwich  
 Romaine Salad  
 California Blend

Walking Taco **5**  
 French Bread Pizza  
 Shredded Lettuce  
 Cherry Tomatoes  
 Refried Beans

Sloppy Jo **6**  
 Hot Dog  
 Baked Beans  
 Sweet Potato Fries

Christmas Dinner **7**  
 Turkey/Dressing & Roll  
 Pizza  
 Green Beans  
 \*Mashed Potatoes

Cheeseburger **1**  
 Fish  
 Green Beans  
 Crunchy Wedges

**8**  
 E-LEARNING DAY NO SCHOOL

Chicken Nuggets & Roll **11**  
 Teriyaki Dippers & Roll  
 Green Beans

Taco Soup **12**  
 Turkey/Cheese Sandwich  
 Corn  
 Fresh Veggies

Bosco Sticks & Sauce **13**  
 Chicken Pattie  
 Sweet Potato Fries  
 Romaine Salad

Mini-Corn Dogs **14**  
 Pork BBQ  
 Broccoli  
 Baked Fries

Stuffed Crust Pizza **15**  
 Hamburger  
 Pinto Beans  
 Seasoned Strait Fries

**18**  
Winter Break-No School  
December 18, 2017  
through  
January 1, 2018

**19**  
First Day Back  
January 2, 2018

**20**  
 No School

**21**  
 No School

**22**  
 No School

**25**

**26**  
 Merry Christmas

**27**  
 &

**28**  
 Happy New Year

**29**