

East Washington Middle School

January 2018

CHOICE OF: PIZZA, DELI SANDWICH, OR ENTRÉE SALAD / FRESH FRUIT, JUICE, & RAISINS OFFERED DAILY

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Themed Thursday</u>	<u>Friday</u>
Ham/apple	Turkey/orange	Ham/apple	Turkey/Banana/Grapes	Comb/PBJ
01	02	03	04	05
Happy New Year	Corn Dog Baked Beans Broccoli/ cheese sauce Cole Slaw Peaches	Country Fried Steak Mashed Potatoes Glazed Carrots Garden Salad Applesauce	It's Chili Time Chili with Spaghetti, Crackers Fresh Veggies/dip Seasoned Fries Garden Salad Strawberries	Mac & Cheese, Bread Stick Buttered Corn Green Beans Garden Salad Mix Fruit
08	9	10	11	12
Bosco Sticks/ Marinara Sauce Buttered Corn Broccoli with Cheese Sauce Garden Salad Peaches	Chicken & Noodles/WG Roll Glazed Sweet Potato Green Beans Garden Salad Pears	Teriyaki Beef Bites Seasoned Rice Oriental Blend Garden Salad Applesauce	South of the Border Walking Taco Tomato/ Lettuce, Salsa Refried Beans Mexi-Corn Tropical Fruit	Breaded Fish on WG Bun Seasoned Fries Fresh Baby Carrots Garden Salad Mixed Fruit
15	16	17	18	19
Quesadilla, Salsa Refried Beans Buttered Corn Garden Salad Peaches	Chicken Nuggets/ WG Roll Seasoned Spinach Sweet Potato Fries Garden Salad Blueberries	Chili with Spaghetti, Crackers Fresh Veggies/dip Baked Potato Half Garden Salad Applesauce	Oh Soy Good Orange Glazed Chicken Seasoned Rice Oriental Blend Vegetables Glazed Ginger Carrots Mandarin Orange Salad	Cheeseburger on WG Bun Seasoned Fries Cole Slaw Garden Salad Mixed Fruit
22	23	24	25	26
Chicken Patty/ WG Bun Sweet Potato Fries Whole Kernal Corn Garden Salad Peaches	Corn Dog or Cheesy Meatloaf, WG Roll Mashed Potatoes Buttered Peas Garden Salad Pears	Turkey Wrap Seasoned Fries Broccoli w/cheese Garden Salad Applesauce	Pizzeria Stuffed Crust Deluxe California Blend Vegetables Fresh Veggies/dip Garden Salad Fresh Grapes	Mac & Cheese Baked Beans Glazed Carrots Garden Salad Mix Fruit
29	30	31	2/1	2/23
Bosco Sticks/ Marinara Sauce Provence Vegetables Broccoli with Cheese Sauce Garden Salad Peaches	Chili Dog Sweet Potato Fries Corn off The Cob Garden Salad Blueberries	Pork BBQ on WG Bun Seasoned Fries Baked Beans Garden Salad Applesauce	Brunch for Lunch French Toast, Sausage Hash Browns Cherry Tomatoes Garden Salad Baked Apples	Fish Sandwich Seasoned Green Beans Cole Slaw Garden Salad Mixed Fruit

This institution is an equal opportunity provider.

Breakfast served daily 7:50-8:10 (no breakfast served when school is on 2 hour delay)

**Free/Reduced Meal applications can be picked up in any School Office or online at www.ewsc.k12.in.us

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