



Fresh Fruit & Salad with 2 Other Sides Daily
 Free/Reduced Applications Available in each office or
 online at www.ewsc.k12.in.us
 *This institution is an equal opportunity provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.
 Go light on the meat and top your pizza with vegetables like tomatoes,
 onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Breakfast Daily 7:50-8:10
 S: \$1.50 A: \$1.80
 Lunch:
 S: \$2.50 A: \$3.30

Tuesday



Wednesday

In the operation of children feeding
 programs, no child will be discriminated
 against because of race, color, national
 origin, age, or disability

Thursday

Friday

Mini Corn Dogs **5**
 French Bread Pizza
 Cook's Choice Veg.
 Broccoli & Cheese
 Milk

Chili & Crackers **6**
 Cheese Stick
 Ham/Cheese Sandwich
 *Corn
 Baby Carrots Milk

Chicken Pattie **7**
 Max Sticks & Sauce
 *Baked Beans
 Romaine Salad
 Milk

Hamburger **8**
 Fish Sticks & Roll
 *Tator Tots
 Green Beans
 Milk

*Stuffed Crust Pizza **9**
 Grilled Chicken
 *Seasoned Strait Fries
 Northern Beans
 Milk

Bosco Sticks & Sauce **12**
 Chicken Pattie
 Veggie Blend
 *Baked Beans
 Milk

ABC Soup & Cheese **13**
 Stick
 *Corn Dog
 Glazed Carrots
 *Green Beans Milk

*Nachos **14**
 BBQ Rib Pattie
 *Corn
 Cock's Choice Veggie
 Milk

*Cheeseburger **15**
 Fish
 *Tator Tots
 Broccoli
 Milk

NO SCHOOL **16**

 NO SCHOOL

President's Day **19**

 NO SCHOOL

Chicken Tenders & Roll **20**
 Teriyaki Dippers & Roll
 Cole Slaw
 *Green Beans
 Milk

Sloppy Jo **21**
 *Hot Dog
 *Baked Fries
 Romaine Salad
 Milk

Walking TACO **22**
 Turkey/Cheese Sandwich
 Refried Beans
 Lettuce, Tomato, Salsa
 *Corn Milk

*Pepperoni Pizza **23**
 Pork BBQ
 Baked Beans
 Hash Brown Star
 Milk

*Chicken/Noodles & Rol **26**
 Hamburger
 Glazed Carrots
 *Green Beans
 Milk

TACO Soup **27**
 Corn Dog
 *Corn
 Sweet Potato Fries
 Milk

Chicken Pattie **28**
 Ham/Cheese Sandwich
 Romaine Salad
 Baked Beans
 Milk

