

East Washington Middle School

February 2018

CHOICE OF: PIZZA, DELI SANDWICH, OR ENTRÉE SALAD / FRESH FRUIT, JUICE, & RAISINS OFFERED DAILY

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Themed Thursday</u>	<u>Friday</u>
Ham/apple	Turkey/orange	Ham/apple	Turkey/Banana/Grapes	Comb/PBJ
			Brunch for Lunch 01 French Toast, Sausage Hash Browns Cherry Tomatoes Garden Salad Baked Apples	02 Fish Sandwich Seasoned Green Beans Cole Slaw Garden Salad Mixed Fruit
05 Quesadilla, Salsa Winter Blend Refried Beans Garden Salad Peaches	06 Teriyaki Beef Bites/ WG Rice Whole Kernel Corn Glazed Ginger Carrots Garden Salad Blueberries	07 Chicken Patty/ WG Bun Mashed Potatoes Buttered Peas Garden Salad Applesauce	Pizzeria 08 Stuffed Crust Deluxe Catalina Vegetables Yellow Squash & Onions Garden Salad Fresh Grapes	09 Cheeseburger on WG Bun Seasoned Fries Fresh Baby Carrots Garden Salad Mixed Fruit
12 Bosco Sticks/ Marinara Sauce Buttered Corn Broccoli with Cheese Sauce Garden Salad Peaches	13 Chicken & Noodles/WG Roll Glazed Sweet Potato Green Beans Garden Salad Pears	14 Fish Sticks w/ Mac & Cheese Seasoned Green Beans Fresh Veggies, dip Garden Salad Applesauce	Chinese New Year 15 Orange Glazed Chicken Seasoned Rice Oriental Blend Vegetables Glazed Ginger Carrots Mandarin Orange Salad	16 No School 
No School 19 	20 Chicken Nuggets/ WG Roll Seasoned Spinach Corn off The Cob Garden Salad Pears	21 Pork BBQ on WG Bun Seasoned Fries Baked Beans Garden Salad Applesauce	It's Chili Time 22 Chili with Spaghetti, Crackers Fresh Veggies/dip Seasoned Fries Garden Salad Strawberries	23 Fish Sandwich Seasoned Green Beans Cole Slaw Garden Salad Mixed Fruit
26 Sloppy Joes/ WG Bun Seasoned Fries Buttered Corn Garden Salad Peaches	27 Gourmet Meatloaf/WG Roll Mashed Potatoes Buttered Peas Garden Salad Sliced Pears	28 Chicken Patty/ WG Bun Sweet Potato Fries Broccoli w/ cheese Garden Salad Applesauce	South of the Border 3/1 Walking Taco Tomato/Lettuce/Salsa Refried Beans Mexi-Corn Strawberries	3/2 Mac & Cheese, Breadstick Fresh Baby Carrots California Blend Garden Salad Mix Fruit

This institution is an equal opportunity provider.

Breakfast served daily 7:50-8:10 (no breakfast served when school is on 2 hour delay)

**Free/Reduced Meal applications can be picked up in any School Office or online at www.ewsc.k12.in.us