

# EAST WASHINGTON MIDDLE SCHOOL

Nov 2018

## CHOICE OF: PIZZA, DELI SANDWICH, OR ENTRÉE SALAD / FRESH FRUIT, JUICE, & RAISINS OFFERED DAILY

<u>Meatless Monday</u>	<u>Taco Tuesday</u>	<u>Wednesday Winner</u>	<u>Themed Thursday</u>	<u>Fries-day</u>
Ham/apple	Turkey Wrap/orange	Ham/apple	Turkey/orange	Comb/PBJ
			<b>South of the Border</b> 11/1 Enchiladas Hash brown Refried Beans, Cherry Tomatoes Garden Salad Strawberries	11/2 Pork BBQ on WG Bun Seasoned Fries Fresh Veggies/Dip Garden Salad Mixed Fruit
05 WG Macaroni & Cheese Seasoned Green Beans Sweet Potato Fries Garden Salad Sliced Peaches	06 Chili w/ Spaghetti/ Craxs Baby Bakers Broccoli W/ Cheese Garden Salad Sliced Pears	07 Chicken Patty/ WG Bun Mashed Potatoes Buttered Peas Garden Salad Sliced Apples	08 <b>Pizzeria</b> Stuffed Crust Pizza Buttered Corn Seasoned Carrots Garden Salad Blueberries	09 Cheeseburger on WG Bun Seasoned Fries Baked Beans Garden Salad Mix Fruit
12 Bosco Sticks/ Marinara Sauce Sweet Potato Fries Seasoned Green Beans Garden Salad Peaches	13 Walking Taco/ Chips Refried Beans Buttered Corn Lettuce/Tomatoes Salsa Sliced Pears	14 Chicken Nuggets/Roll Buttered Peas California Blend Garden Salad Applesauce	15 <b>Happy Thanksgiving</b> Sliced Turkey, Gravy, Roll Mashed Potatoes Seasoned Green Beans Garden Salad Pumpkin Mousse Fruit Slushy	16 Open Face Philly Steak on Hoagie Seasoned Fries Fresh Veggies /Dip Garden Salad Mixed Fruit
19 Cheesy Bread/Marinara Sauce Glazed Carrots Seasoned Green Beans Garden Salad Peaches	20 Cheeseburger on WG Bun Seasoned Fries Fresh Veggies/Dip Garden Salad Applesauce	21 	21 	21 
26 Max Sticks, Salsa Sweet Potato Fries Seasoned Green Beans Garden Salad Peaches	27 Papa John's Pizza Italian Blend Vegetables Carrot & Celery Sticks Garden Salad Sliced Pears	28 Chicken Nuggets Mashed Potatoes Buttered Peas Garden Salad Sliced Apples	29 <b>San Francisco Treat??</b> Beef-a roni & Bread Stick Broccoli/ with cheese Sauce Buttered Corn Garden Salad Blueberries	30 Pork BBQ on WG Bun Seasoned Fries Baked Beans Garden Salad Mixed Fruit

USDA is an equal opportunity provider and employer.

Breakfast served daily 7:50-8:10 (no breakfast served when school is on 2 hour delay)

\*\*Free/Reduced Meal applications can be picked up in any School Office or online at [www.ewsc.k12.in.us](http://www.ewsc.k12.in.us)