

# EAST WASHINGTON MIDDLE SCHOOL

Feb 2019

## CHOICE OF: PIZZA, DELI SANDWICH, OR ENTRÉE SALAD / FRESH FRUIT & RAISINS OFFERED DAILY

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Fries-day</u>
Ham/apple	Turkey Wrap/orange	Ham/apple	Turkey/orange	Comb/PBJ
04 Cheesy Bread/ Marinara Sauce Glazed Carrots Seasoned Green Beans Garden Salad Peaches	05 Chili w/ Spaghetti/ Craxs Baby Bakers Broccoli W/ Cheese Garden Salad Sliced Pears	06 Chicken Patty/ WG Bun Mashed Potatoes Buttered Peas Garden Salad Baked Apples	<u>" Oh Soy Good'</u> Teriyaki Chicken over Gen Tso Rice Oriental Veggies Ginger Carrots Garden Salad Blueberries	08 Cheeseburger on WG Bun Seasoned Fries Baked Beans Garden Salad Mix Fruit
11 Chicken And Noodles, Roll Seasoned Green Beans Sweet Potato Fries Garden Salad Sliced Peaches	<b>Cook's Choice</b>	13 Chicken Nuggets/Roll Mashed Potatoes Glazed Carrots Garden Salad Apple Sauce	14 Open Face Philly Steak Seasoned Fries Baked Beans Garden Salad Mixed Fruit	<b>No School</b>
<b>No School</b>	19 Bosco Sticks, Marinara Sauce Glazed Carrots Green Beans Garden Salad Peaches	20 Chicken Patty/ WG Bun Mashed Potatoes Buttered Peas Garden Salad Sliced Apples	21 <b>Papa John's Pizza</b> Buttered Corn Broccoli w/ Cheese Garden Salad Strawberries	22 Cheeseburger on WG Bun Seasoned Fries Baked Beans Garden Salad Mix Fruit

USDA is an equal opportunity provider and employer.

Breakfast served daily 7:50-8:10 (no breakfast served when school is on 2 hour delay)

\*\*Free/Reduced Meal applications can be picked up in any School Office or online at [www.ewsc.k12.in.us](http://www.ewsc.k12.in.us)

25	26	27	28	3/1
Cheesy Bread/ Marinara Sauce Glazed Carrots Seasoned Green Beans Garden Salad Peaches	Walking Taco/ Chips Refried Beans Buttered Corn Lettuce/Tomatoes, Salsa Garden Salad Sliced Pears	Chicken Nuggets Broccoli With Cheese California Blend Vegetables Garden Salad Applesauce	Sub Sandwich, Chips Baked Beans Cole Slaw Garden Salad Blueberries	Pork BBQ on WG Bun Seasoned Fries Fresh Veggies/ Dip Garden Salad Mixed Fruit

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