


EAST WASHINGTON MIDDLE SCHOOL

March 2019

CHOICE OF: PIZZA, DELI SANDWICH, OR ENTRÉE SALAD / FRESH FRUIT & RAISINS OFFERED DAILY

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Fries-day</u>
Ham/apple	Turkey Wrap/orange	Ham/apple	Turkey/orange	Comb/PBJ
04 Chicken Patty/ WG Bun Mashed Potatoes Buttered Peas Garden Salad Sliced Peaches	05 Chili w/ Spaghetti/ Craxs Baby Bakers Broccoli W/ Cheese Garden Salad Sliced Pears	06 Cheesy Ravioli, Roll Seasoned Green Beans Buttered Corn Garden Salad Applesauce	7 <u>" Oh Soy Good'</u> Orange Glazed Chicken over Gen Tso Rice Oriental Veggies Ginger Carrots Garden Salad Blueberries	08 Fish Filet on WG Bun Seasoned Fries Baked Beans Garden Salad Mixed Fruit
11 Country Fried Steak, Mashed Potatoes, Gravy Bu. Corn Garden Salad Sliced Peaches	12 Chicken & Noodles, Roll Seasoned Green Beans Cole Slaw Garden Salad Sliced Pears	13 Chicken Nuggets Sweet Potato Fries Buttered Peas Garden Salad Apple Sauce	14 Pork BBQ on Bun Seasoned Fries Baked Beans Garden Salad Strawberries	15 Cheesy Bread/Pizza Sauce Glazed Carrots Seasoned Green Beans Garden Salad Mixed Fruit
18 Bosco Sticks, Pizza Sauce Glazed Carrots Green Beans Garden Salad Peaches	19 Walking Taco/ Chips Refried Beans Buttered Corn Lettuce/Tomatoes, Salsa Garden Salad Sliced Pears	20 Chicken Patty/ WG Bun Mashed Potatoes Buttered Peas Garden Salad Sliced Apples	Cook's Choice	22 Cheeseburger on WG Bun or Stuffed Crust Cheese Pizza Seasoned Fries Baked Beans Garden Salad Mixed Fruit
25		Spring Break		3/1

USDA is an equal opportunity provider and employer.

Breakfast served daily 7:50-8:10 (no breakfast served when school is on 2 hour delay)

**Free/Reduced Meal applications can be picked up in any School Office or online at www.ewsc.k12.in.us